

Stop the Bleed Training

Stop The Bleed is a national initiative designed to teach bleeding control techniques to immediate responders to intentional mass casualty or active shooter events. Stop the Bleed was created by a group called the Hartford Consensus and directed by the American College of Surgeons; the overarching principle of the Hartford Consensus and Stop the Bleed is that NO ONE should die from uncontrolled bleeding. Specifically, Stop the Bleed seeks to empower the public and law enforcement to provide emergency care as immediate responders.

In one of the nation's largest Stop the Bleed initiatives, UPMC is partnering with the Copeland Regional Trauma Council, a consortium of trauma centers in Pennsylvania, Ohio, and West Virginia, to teach life-saving bleeding control techniques. Our goal is to ensure that these techniques become as common as CPR training, and as part of this initiative, UPMC has made a generous financial commitment to place a bleeding control kit in every public school building in Western Pennsylvania and to provide a tourniquet to every law enforcement officer in the same region.

A specific 1.5 hour curriculum has been designed to emphasize the proper use of tourniquets, direct pressure, and wound packing for life threatening bleeding. This program includes both a didactic as well as a hands-on practical application of the bleeding control tools. Teaching focuses not only on the response to injured during mass casualty events but on techniques for self-rescue in the event of a line of duty injury.

More information is available at <http://stopthebleedtoday.com/>