

**News Release**

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**JEWISH LIFE AND LEARNING DIVISION OF THE JEWISH FEDERATION OF GREATER PITTSBURGH WELCOMES YOUTH DEVELOPMENT EXPERT DR. DEBI GILBOA FOR THREE-PART PARENTING SERIES**

*Events to be live-streamed to South and North Hills locations*



Jewish Life and Learning Division of the Jewish Federation of Greater Pittsburgh welcomes parenting and youth development expert Dr. Debi Gilboa, or Dr. G, for a three-part parenting series specifically geared for families with young children. The sessions focus on how to talk to your children about tough topics, the happiness of our children and the steps you should take to create a peaceful home. The workshops — all on Sundays, 9:30–11 a.m. — will be Jan. 22, March 5 and April 2 in the Falk Library of Rodef Shalom Congregation, 5905 Fifth Ave., Pittsburgh 15213. Each workshop will feature a different topic.

To best meet the needs of families, each workshop will be live-streamed to Temple Emanuel of South Hills, 1250 Bower Hill Road, Mt. Lebanon (Pittsburgh 15243) and Temple Ohav Shalom, 8400 Thompson Run Road, Allison Park 15101.

Dr. Gilboa has an extensive background in child care as a family physician at the Squirrel Hill Health Center, in addition to being an international speaker, author, media expert, regular contributor on the “TODAY” show and mother of four boys. Her experience inspires audiences with relatable stories and easy tools to develop crucial life skills for children.

Last year, as part of the Jewish Federation’s early childhood education initiatives, the Jewish Life and Learning Division of the Jewish Federation of Greater Pittsburgh partnered with our community’s Jewish early education centers and administered a school, educator and parent survey. The results showed that parents of young children wanted to enhance their parenting skills, suggesting the need for Gilboa’s parenting workshops.

“A parenting class can give you better insight into your child so that you can become the best parent possible. Regardless of the age of your children, a parenting class can help you

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become a more confident parent as you learn strategies to stay close to your children and to raise them to be functioning members of society,” Jewish Federation’s Director of Early Childhood Education Carolyn Linder said.

Ten local Jewish early childhood education programs and PJ Library, which is run by the Jewish Community Center of Greater Pittsburgh, have partnered with the Jewish Federation to support the parenting workshops:

Adat Shalom Preschool	Early Learning Center at Yeshiva
Beth Shalom Early Learning Center	Temple Ohav Shalom Center for Early Learning
The Early Childhood Education program at Community Day School	Rodef Shalom Family Center Preschool
The Isadore Joshowitz Early Childhood Center at Hillel Academy of Pittsburgh	Temple Emanuel Early Childhood Development Center
Jewish Community Center of Pittsburgh, Early Childhood Development Centers in Squirrel Hill	Jewish Community Center of Pittsburgh, Early Childhood Development Centers and the South Hills

Director of the Beth Shalom Early Learning Center, Jennifer Perer Slattery, expressed her excitement as an educator about Dr. Gilboa’s presentations: “This series of workshops with Dr. G are a direct response to [parents’ needs], and the Beth Shalom Early Learning Center is truly delighted to be partnering with the other Jewish early childhood centers and the Jewish Federation on this community initiative.”

“These sessions are practical tools,” said Dr. Gilboa. “I hope parents come in with questions about real-life issues they’re facing. I will provide age-appropriate strategies that parents can use.”

While these three sessions are specifically geared for parents raising young children, Dr. G provides advice to parents of children ages 18 months to 20 years. She welcomes parents to come prepared with personal-experience questions or to submit questions beforehand on her website, AskDoctorG.com.

The three-part parenting series is free to the public, and free child care will be available at all three sites, but registration is required. For more information or to register, visit [jfedpgh.org/parenting-series](http://jfedpgh.org/parenting-series). Questions about the sessions may be addressed to Christa Maier at 412.992-5249 or [cmaier@jfedpgh.org](mailto:cmaier@jfedpgh.org).

The Jewish Federation of Greater Pittsburgh, one of 151 independent Federations associated with The Jewish Federations of North America, raises and allocates funds to build community locally, in Israel and around the world. With the vision of a thriving, vibrant and engaged Jewish community, the Jewish Federation of Greater Pittsburgh aims to carry out its work in the context of cooperation and inclusiveness. For more information, visit [www.jfedpgh.org](http://www.jfedpgh.org).

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